

# TOOLBOX TALKS

## COLD WEATHER PREPARATIONS

Toolbox Talks are designed to promote safety discussions and best practices on the jobsite. To see more Toolbox Talks, please visit [cat.com/toolboxtalks](http://cat.com/toolboxtalks).

### STAY UP-TO-DATE

- Be aware of current weather conditions
- Stay informed of potentially hazardous weather
- Monitor weather forecasts

### DRESS APPROPRIATELY

- Wear layers of loose fitting clothing
- Stay dry with water resistant clothing
- Wear windproof material as an outer shell
- Wear clothing with proper ventilation
- Keep a spare set of clothes on hand

### PROTECT HEAD, FEET AND HANDS

- Keep head covered whenever possible
- When head protection is necessary, make sure it is equipped with an insulated liner
- Protect feet with insulated socks, wear two pairs if feasible
- Protect hands with insulated gloves

### EXPOSURE GUIDELINES

- Restrict exposure time if temperatures reach  $-17^{\circ}\text{C}$  ( $0^{\circ}\text{F}$ )
- Restrict exposure time if wind chills reach  $-30^{\circ}\text{C}$  ( $-22^{\circ}\text{F}$ )

Discussion Date:

Employee Participants:

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There are a lot of moving parts on the jobsite. To find a safety topic relevant to your operation, please visit [cat.com/toolboxtalks](http://cat.com/toolboxtalks).